

# Your quick guide to help individuals interested in a career in adult social care

When someone contacts you by phone or email, the below checklist should help you to guide them into considering whether adult social care is the right career for them.

**Understanding**

**Dependable**

**Patient**

**Compassionate**

**Hardworking**

**Thoughtful**

**Empathetic**

**Responsible**

**Considerate**

**Resilient**

If they have answered **yes** to a few of the above, you can inform them that they have the right attributes to make a real difference in someone's life and a career in adult social care could be right for them.

## Some additional key facts you can use to let the person know:



**No specific qualifications are required to enter into this career.**



**Various career roles are available:**

- Care at home
- Housing support
- Residential care



**Career Progression:**

- Training on the job
- Movement into other departments
- Team leadership
- Management

Make sure to point them to the **CareToCare.scot** website where they can find out more and download the guide to begin their career in adult social care.

**There's more to care than caring.**

**CareToCare.scot**

